



Mushroom dowel kits – recommended timber types for inoculation.

SPECIES	ORIGIN	DIAMETER LOG	RECOMMENDED TIMBER VARIETY*	FLUSHING	DIFFICULTY LEVEL
Shiitake (<i>lentinus edodes</i>)	Foreign (China)	4-8"	Oak, Alder, Beech, Chestnut are favourites. Most hardwoods.	12-18 months to colonise	Easy
Oyster (Pearl) (<i>pleurotus ostreatus</i>)	Native species (var. N. America)	4-10"	Very aggressive. Most hardwoods, especially Oak, Poplar, Willow.	8-12 months to colonise	Easy
Oyster (Fir) (<i>pleurotus pulmonarius</i>)	Native species (var. N America)	4-10"	Aggressive strain. As above but also most softwoods. Avoid cedar	8-12 months to colonise	Easy
Turkey Tail (<i>trametes versicolour</i>)	Native UK	4-8"	Highly recommended for birch. Most hardwoods.	12 months + to colonise	Easy
Enoki (<i>flammulina velutipes</i>)	Native UK	4-8"	Oak, beech, poplar, willow. Most hardwoods.	12 months + to colonise	Intermediate
Lions Mane (<i>hericium erinaceus</i>)	Native UK	6" +	Oak, walnut, beech, maple, sycamore. Thick barked hardwoods.	2 years + to colonise	Intermediate
Chicken of the Woods (<i>polyporus sulphureus</i>)	Native UK	12" +	Oak by preference. Also seen on willow and poplar.	3 years + to colonise	Intermediate
Coral (<i>ramaria stricta</i>)	Native UK	4-8"	Conifers, particularly hemlock, spruce, Douglas fir.	18 months + to colonise	Intermediate
Reishi (<i>ganoderma lucidum</i>)	Native UK	4-8"	Deciduous hardwoods. Oak, Alder, maple, elm, willow, magnolia, beech, birch.	2 years + to colonise	Hard
Maitake (<i>grifola frondosa</i>)	Native UK	8" +	Stumps or buried logs. Oak, elm, maple, beech.	3 years + to colonise	Hard
* List is not definitive. Suggested timbers are from personal experience and other reported successes.					